

## **Trees and Air Quality**

Trees not only provide clean oxygen, they also capture (or sequester) and store:

- carbon monoxide (CO)
- carbon dioxide (CO2)
- ground level ozone (O3)
- introgen oxides (NOx)
- sulfur dioxide (SO2)
- articulate matter

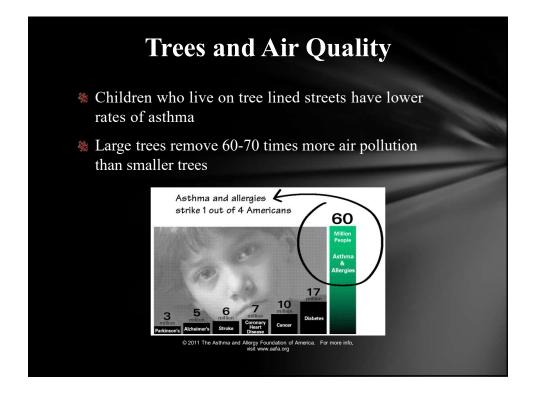


### **Trees and Air Quality**

According to the USDA Forest Service, Pacific Southwest Research Station, each year 100 large mature trees will...

- Remove 17 tons of carbon dioxide (CO2)
- Remove 137 pounds of other air pollutants







### **Trees and Water**

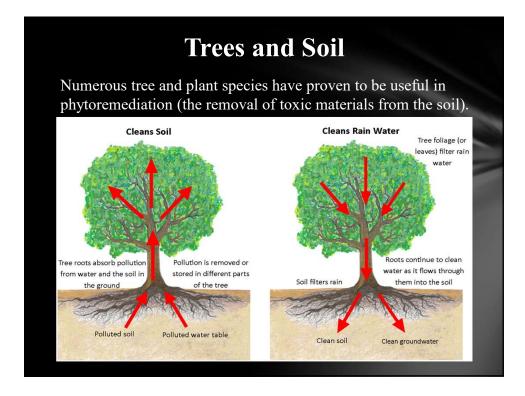
- Trees reduce storm water runoff and flooding by slowly filtering and cleaning rainwater as it travels thru the leaves and limbs to the ground
- The water either evaporates or it is absorbed, cleaned and released through transpiration
- The canopy of a large tree can reduce surface runoff from a one-inch rain over 12 hours by 17%
- Planting trees along streams helps to control water flow and soil runoff



### **Trees and Water**

- & Like to fish?
- Trees help by stabilizing banks, reducing water temperatures due to the shade as well as trapping and filtering pollutants
- Limbs and trunks in the water also create habitat and protection from predators







# **Trees and Health**



A view of trees and nature help hospital patients recover quicker and with fewer medications.

Being around trees and nature encourages physical activity and "walkable" communities.

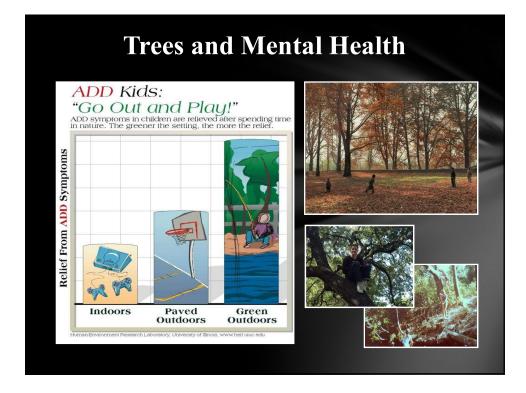
# Trees and Mental Health

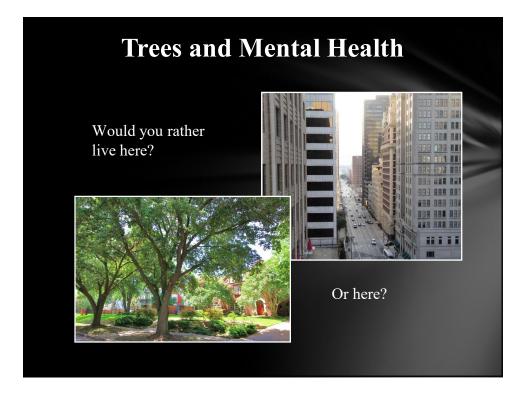
Being around trees and nature...

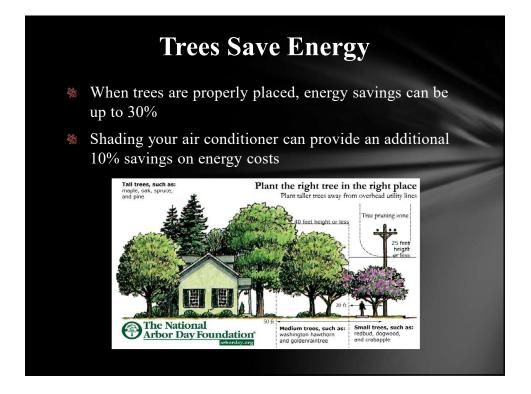
- Reduces the stress of living in the city
- Reduces domestic violence and levels of aggression and crime
- Increases social interaction
- Solks feel safer
- Reduces levels of ADD and ADHD (Attention Deficit Hyperactivity Disorder)



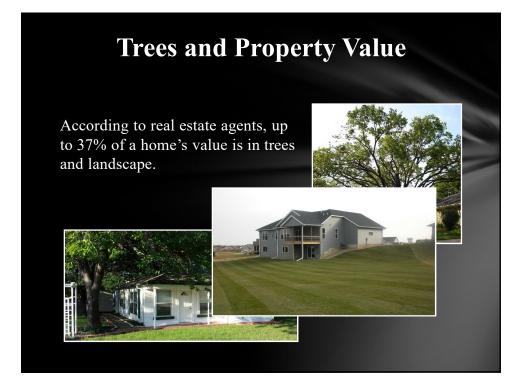








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# Before I go dormant... are there any questions?



Thank you!! Steve Houser <u>Steve.Houser@TxHTC.org</u>